



MAY/JUNE NEWSLETTER 2020



SAFEGUARDING : KEEPING SAFE

Welcome

Welcome to the newsletter, we'll be updating the newsletter every other month with regular hints, tips and advice. This newsletter is focussed on keeping safe during this crisis.

What is it?

According to the World Health Organisation Coronavirus disease (COVID-19) is an infectious disease caused by a newly discovered coronavirus.

Most people infected with the COVID-19 virus will experience mild to moderate respiratory illness and recover without requiring special treatment. Older people, and those with underlying medical problems like cardiovascular disease, diabetes, chronic respiratory disease, and cancer are more likely to develop serious illness.

As we slowly steer towards normality it is important we all understand and follow the advice the government has shared with us. Keeping the R rate down is essential to gaining our normality back.

What are the symptoms?

- High temperature
- A new consistent cough
- Shortness of breath

These are the main symptoms of the virus. If you feel you have these symptoms it would be wise to call 111 to get the advice you need in taking the next steps. This could lead to you taking a test and also preventing the spread of the disease. If you do have mild symptoms you should stay indoors for 7 days and anyone in your household should also not leave your home for 14 days. These are the self isolation guidelines that you should follow if you have any symptoms.

Social distancing guidelines and staying safe

- We must stand 2 meters apart at all times
- Wash your hands before leaving your home and on returning
- Do not gather in large groups
- Work from home if you still can

Can I be tested for Coronavirus?

The government are attempting to

carry out 100,000 tests per day or more so we can gain a clearer indication of the spreading of the virus and how to prevent it.

- You can apply for testing if you are a key worker and have symptoms. Members of your household will also be eligible to carry out a test.
- If you work for the NHS and have symptoms
- People over 65 with symptoms
- People with symptom sand cannot work from home e.g. construction workers and shop workers.

What can we now do?

The government has confirmed you are now allowed to do the following:

- Play Tennis, Golf, water sports and go angling
- Meet with someone not in your household as long as you are two meters apart
- You can drive to places such as the beach
- Those who cannot work from home such as construction workers are encouraged to return to work

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Call 111

If you have any Coronavirus symptoms do not hesitate to all 111 for advice and on social distancing measures.

World health organisation:

https://www.who.int/health-topics/coronavirus#tab=tab_1

Government Website

Go onto the government website if you are confused on any of the guidelines put in place or need reassurance on what to do during this pandemic.

Link: <https://www.gov.uk/coronavirus>

“Stay alert, control the virus and save lives”

Safeguarding Team

Contact Steadfast Training’s Safeguarding team on 0845 223 2401 or email sonia.roberts@steadfasttraining.co.uk or ian.gow@steadfasttraining.co.uk

9 Protected Characteristics;

- Age
- Disability
- Gender Reassignment
- Marriage & Civil Partnership
- Pregnancy & Maternity
- Race
- Religion or Belief (including lack of belief)
- Sex
- Sexual Orientation

The Prevent Duty

The Prevent Duty is part of the government strategy to reduce the risk of Extremism, Terrorism and Radicalisation. Extremism is the holding of extreme political or religious views. How can we prevent it? Whilst the signs are different in each case, we can see some of or a mixture of these changes in dress, clothing or social groups, secretive behaviour,

showing sympathy for extremist causes, advocating extremist messages, glorifying violence, accessing extremist literature and imagery, showing a mistrust of mainstream media reports and belief in conspiracy theories and appearing angry about governmental policies, especially foreign policy

Report possible terrorist activity online If you are concerned about someone or see anything suspicious call the local police or the police anti-terrorist hotline on 0800 789 321.

You can also report it online on the Met police website.

British Values

British Values are defined as;

- Democracy
- The Rule of Law
- Individual Liberty
- Mutual respect for and tolerance of those with different faiths and beliefs and for those without faith.

If you wish to raise an issue of safeguarding for a learner or individual related to Steadfast Training Ltd in any way, please contact the centre immediately on: 0845 223 2401.

For more information on anything covered in the newsletter, feedback or ideas for the next issue, please contact us on info@steadfasttraining.co.uk.